

ABOUT THE BOOK

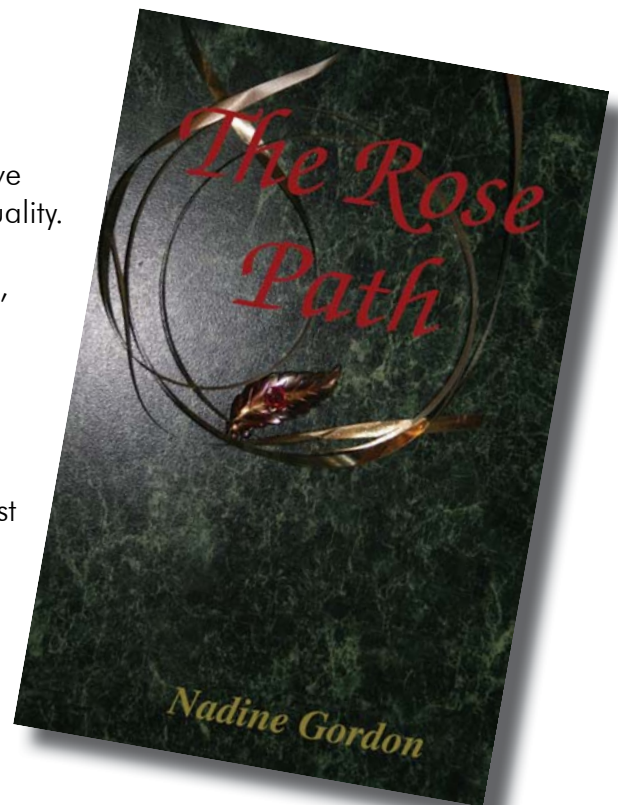
The Rose Path is a book that serves as the first definitive guide to the often-misunderstood subject of New Age spirituality. It serves as a primer for any audience that wishes to learn and understand such topics as Latent Energy, Clairaudience, and Chakras.

The Rose Path is written in a clear, concise manner and is designed to educate the reader and offer a positive and responsible way to achieve a balanced life. This book is unique in its appeal to a broad audience in the frank, honest way each of these subjects is explored and encourages all skeptics to challenge themselves by listening and becoming more aware of their surroundings.

Gordon's book offers an exceptional introduction to examining the metaphysical in a trusting and open manner and is aimed at removing thoughts of fear in exploring what some claim to be an "evil" topic, and instead offers a thought provoking and accessible discourse.

The Rose Path assumes that each reader is new to the topic and as such, provides an easy guide for people to fulfill their destiny by lessening life's mysteries. The book also includes easy practice exercises and tips and meditations to enhance the experience.

Author **Nadine Gordon** discusses the mysteries of the metaphysical and encourages her readers to step forward to their own personal awakening and empowerment, with the unfurling of roses along the path of life. The book is a first-rate choice for those who wish to journey, heal, and learn.



Trade Paperback/\$24.06
192 pages
9" x 6" x .09"
Perfect bound
Written by Nadine Gordon
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Published by Nadine Gordon

The Rose Path



For more information visit www.nurturingenergy.com

For media bookings contact gal-friday publicity at **780.270.1211** or rachel@gal-fridaypublicity.com

ABOUT THE AUTHOR



Nadine Gordon was born and raised in Alberta. She began writing right out of high school and has never stopped. She worked as a Federal Correctional Officer for 15 years in Drumheller, Alberta and now resides in Leslieville, AB.

She is a Dreamwalker who seeks to raise Universal conscience and peace, through the sharing of her healing gifts which are enhanced with Reiki and

Munay-Ki. Nadine is also the founder of Nurturing 'NerGy, a sanctuary for all those who wish to journey, heal, and learn, located north of Leslieville, AB.

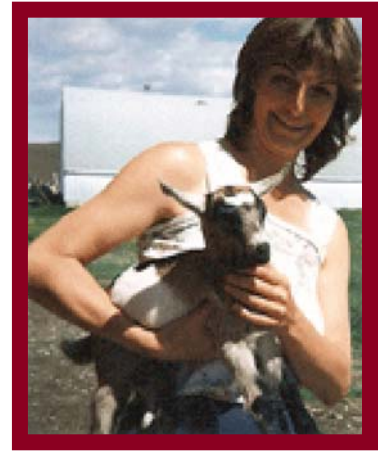
As a facilitator, Nadine teaches others about their gifts. She presented her 'Animal Wisdom Basics,' course at, 'The Gathering- A Conference for Light workers & Healers' and she also facilitates courses called, 'Animal Wisdom' and 'Latent Energy,' which have had profound effects on all the participants.

She is an accredited author having been published in Reader's Digest, Horses All, The Calgary Herald, The Village Press, and Strathmore Standard among others. She is most noted for her articles in 'Lessons of the Drum,' a popular column seen in 'The Violet Ray,' magazine.

Nadine is currently working on her second book In the Beginning a unique retelling of the first story ever told.

“Everyone has gifts, some are just latent. My job is to bring hope quietly like a bright shining star and wake you all up. It's quite easy really. The challenge is to merely love and accept who you are.”

- Nadine Gordon



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MEDIA & EXCERPTS

Author explores healing journeys in new book

BY MARK WEBER
Red Deer Express

A local author is aiming to share from her own experiences to shed light on topics ranging from healing journeys to latent energies in people.

Nadine Gordon, who lives near Leslieville, recently released *The Rose Path*, which touches on everything from spiritual healing and balancing, the aspects of auras to what Gordon describes as latent energies including clairvoyance and clairaudience.

Gordon believes that a range of psychic abilities are within virtually everyone, but that over the centuries people have repressed such abilities and are usually unaware of them.

Besides writing, she is also a Reiki Master, an animal specialist and a dreamwalker.

Reiki is described as a Japanese kanji for universal life-force energy, and Reiki therapy is a lighttouch, energy based modality.

Her work with animals stems from the belief that animals are instinctual and have natural healing abilities.

"I was born with extra ordinary senses, we all are," she writes in the book's introduction. "We are also born with a free will. At a certain age, we are given a choice to keep our gifts or turn them off." Gordon believes most people today

have chosen to either turn off or tune out their abilities in these areas.

She said she was aware of her sensitivities from a very young age.

"What I tell people about the book is there is a little bit about me, but it's more about you," she said.

Gordon, a former corrections officer, will be signing copies of her book at Chapters in Red Deer on Sept. 19 from 1 to 5 p.m.

On Sept. 20, she'll be doing a reading from *The Rose Path* at the International Day of Peace celebrations in Sundre. Held on the Sundre Museum Grounds, the event also features guest speakers, drumming and song.

For Gordon, writing the book has been the fulfillment of a personal dream.

She likens the experience to giving birth. "It's incredible." And even though she's a self-described perfectionist, the



VISION IN PRINT - Leslieville area author Nadine Gordon poses with her new book *The Rose Path*. She'll be signing copies of the book this Saturday afternoon at Chapters. Tom Gordon photo

writing process came quite naturally and smoothly.

"The goal of the book is to help people feel better," she explains. "When people feel better, it makes the world a better place. You need to work on yourself first. When you accomplish that, you feel better and the people around you feel better."

For more information about Gordon's work or her new book, visit www.nurturingenergy.com.

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EXCERPTS FROM THE ROSE PATH

"If you feel yourself getting depressed, remember this; depression is rage internalized. Rage is fear. Ask yourself the hardest question of all. Ask yourself, "What am I afraid of?" Listen for the answer. Breathe through the fear then reward yourself by riding high. Have courage. Hope for the world is alive. Start small. Start with yourself" – page 45, *The Rose Path*

"This book is designed to help you distinguish your individual power source or sources, put a name to them, and to use them properly and in a protected manner. But, more importantly, this book has been designed for you to learn and practice with your gifts." – page 18, *The Rose Path*

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